

Kurslitteratur Psykoterapeutprogrammet i socialt arbete, 90 hp (PSYSO)

Psykoterapeutisk teori och metod: fördjupning, vetenskapsteori och integration

Kurskod: SUT002, 24 hp Avancerad nivå

Delkurs 1: Systematisk diagnostik A -psykiatrisk diagnostik, 2 hp

American Psychiatric Association (2018). *Mini-D 5: Diagnostiska kriterier enligt DSM 5*. Danderyd: Pilgrim Press.

Karterud, S. (2014). *Personlighetspsykiatri*. Lund: Studentlitteratur

Luyten, P. (2017). *Handbook of Psychodynamic Approaches to psychopathology*. New York: Guilford Publications

World Health Organization. (2018). *International classification of diseases for mortality and morbidity statistics (11th Revision)*. Hämtas från <https://icd.who.int/browse11/1-m/en>

Tillkommer artiklar som refereras av kursansvarig lärare.

Delkurs 2: Systematisk diagnos B - psykodynamisk diagnostik, 3 hp

Karterud, S. (2014). *Personlighetspsykiatri*. Lund: Studentlitteratur

Luyten, P. (2017). *Handbook of Psychodynamic Approaches to psychopathology*. New York: Guilford Publications

Lingiardi, V. McWilliams, N. (2017). *Psychodynamic Diagnostic Manual, second edition*. New York: Guilford Publications

Mc Williams, N. (2015). *Psykoanalytisk diagnostik : att förstå personlighetsstruktur*. Stockholm: Wahlström & Widstrand

Weinryb, R. M. Rössel, R.J. (1991). *Karolinska psychodynamic profile - KAPP*. Stockholm: Pilgrim Press.

Tillkommer artiklar som refereras av kursansvarig lärare.

Delkurs 3: Psykodynamisk och relationell terapi i sina kontexter, 8 hp

Allen, J.G. Fonagy, P. Bateman, A.W. (2008). *Mentalizing in Clinical Practice*. Arlington, VA: APA Publishing.

Auchincloss, E. L. (2015). *The Psychoanalytic Model of the Mind*. Arlington, VA: APA Publishing.

Bresler, J. Starr, K. (2015). *Relational Psychoanalysis and Psychotherapy Integration. An evolving synergy*. New York, NY, US: Routledge/Taylor & Francis Group.

Busch, F.N. Rudden, M. Shapiro, T. (2016). *Psychodynamic Treatment of Depression*. Arlington, VA: APA Publishing.

Busch, F.N. Milrod, B.L. Singer. Aronson, A.C. (2012). *Manual of Panic Focused Psychodynamic Psychotherapy - Extended Range*. New York: Routledge

Flaskas, C. & Pocock, D. (2009). *Systems and Psychoanalysis. Contemporary Integrations in Family Therapy*. London: Karnac Books.

Goldstein, E. G., Miehl, D., & Ringel, S. (2009). *Advanced clinical social work practice: Relational principles and techniques*. New York, NY, US: Columbia University Press.

Goldstein, E. (2001). *Object Relations Theory and Self Psychology in Social Work Practice*. New York: The Free Press.

Holmqvist, R. (2018). *Relationella perspektiv på psykoterapi*. Stockholm: Books on Demand.

Holmqvist, R. (2018). *Relationell psykoterapi - så gör man*. Stockholm: Books on Demand.

Holms, J. Slade, A. (2018). *Attachment in Therapeutic Practice*. London: Sage.

Luyten, P. 2017. *Handbook of Psychodynamic Approaches to psychopathology*. New York: Guilford Publications

Mitchell, S. A. Black, M.J. (2016) *Freud and Beyond : A History of Modern Psychoanalytic Thought*. New York: Basic Books.

Schmidt Neven, R. (2016). *Time-limited Psychodynamic Psychotherapy with Children and Adolescents*. New York: Routledge

Safran, J., Muran J.C. (2003) *Negotiating the therapeutic alliance*. New York: Guilford Press

Wachtel, P. L. (2014). *Cyclical Psychodynamics and the Contextual Self*. New York: Routledge.

Wallin, D.J. (2015). *Attachment in psychotherapy*. New York: Guilford Publications.
Tillkommer artiklar som refereras av kursansvarig lärare.

Delkurs 4: Fördjupningskurs i psykodynamisk metod, 5 hp

Auchincloss, E. L. (2015). *The Psychoanalytic Model of the Mind*. Arlington, VA: APA Publishing.

Craaford, C. (2010). *På lång sikt*. Natur & Kultur Digital.

Eriksson, B. (2014). *Konceptualisering i psykodynamisk terapi*. Lund: Studentlitteratur

Gullestad, S. E. Killingmo, B. (2011). *Undertexten*. Stockholm:Liber

Igra, L. (2002). *Objektrelationer och psykoterapi*. Falköping: Natur & Kultur.

Malan, D. (2007). *Individual psychotherapy and the science of psychodynamics*. London: Hodder education

McWilliams, N. (2015). *Psychoanalytic Case Formulation*. New York: Guilford Press

McWilliams, N. (2004). *Psychoanalytic psychotherapy*. New York: Guilford Publications

Mc Williams, N. (2015). *Psykoanalytisk diagnostik : att förstå personlighetsstruktur*. Stockholm: Wahlström & Widstrand

Norman, J. Ylander, F. (1999). *Motöverföring. Om omedveten kommunikation*. Falkenberg: Natur & Kultur.

Quatman, T. (2015). *Essential psychodynamic psychotherapy: An acquired art*. New York, NY, US: Routledge/Taylor & Francis Group

Summers, R F. (2016). *Practicing Psychodynamic Psychotherapy*. New York: Guilford publications

Summers, R. & Barber, J. P (2014). *Psychodynamic Therapy. A Guide to evidence Based Practice*. New York: Guilford press

Tillkommer artiklar som refereras av kursansvarig lärare.

Delkurs 5: Affektfokuserad psykodynamisk terapi, 6 hp

Abbass, A. (2015). *Reaching Through Resistance: Advanced Psychotherapy Techniques*. Kansas City: Seven Leaves Press.

Barrett, L. F. (2018). *Så skapas känslor: Hjärnans hemliga liv*. Stockholm: Natur & Kultur.

Bergsten, K. (red.) (2015). *Affektfokuserad psykodynamisk terapi: teori, empiri och praktik*. Stockholm: Natur & Kultur.

Frederickson, J. (2013). *Co-Creating Change: effective Dynamic Therapy Techniques*. Kansas City: Seven Leaves Press.

Goldstein, E. Noonan, M. (1999). *Short term treatment and social work practice. An Integrative Perspective*. New York: The Free Press.

McCullough Valliant, L. (1997) *Changing Character. Short Term Anxiety-Regulating Psychotherapy for restructuring Defences, Affects and Attachment*. NY; Basic Books

McCullough, L. Kuhn, N. Andrews, S. Kaplan, A. Wolf, J & Hurley, C.L. (2003) *Treating Affect Phobia. A Manual for Short-term Dynamic Psychotherapy*. New York: The Guilford Press

McCullough L. & Magill M (2008). *Empirically Supported Strategies for resolving Affect Phobias*. In: Ablon S.J. *Handbook of Evidence-Based Psychodynamic Psychotherapy*. New York: Humana Press

Thoma, N. & McKay, D. (2015) *Working with Emotions in Cognitive-Behavioral Therapy. Techniques for Clinical Practice*. New York: The Guilford Press

Tillkommer artiklar som refereras av kursansvarig lärare.